

In Good Order

Sugaring and other neat ideas to look good

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HAIRY SITUATIONS

A SWEETER FORM OF HAIR REMOVAL

How much body hair a man should have is subjective. If you're Michael Phelps, it could cause resistance in the water and cost you precious seconds that can mean losing a race. If you have a girlfriend, then it's also up to her. But if you don't care, know that you walk a delicate line between looking like a sexy beast or, well, just beast. However you decide and whether it involves places where the sun doesn't shine, consider sugaring, an ancient form of epilation that hails from old Egypt.

Mix sugar, water and lemon juice, and you get a pliable paste not unlike Chinese malt candy. Spread a handful of this onto your skin according to the direction of hair growth and your hair is miraculously removed. It's lukewarm and organic, which is good news for those with low heat tolerance and sensitive skin.

For what it's worth, sugaring is less

painful and safer than regular waxing, which may involve rash-causing chemicals. Waxing goes against the direction of your wear, breaking follicles instead of yanking them out of their roots. Sugaring, on the other hand, allows your skin to stay hair-free longer without the annoying ingrown hair or razor bump. Convinced? Try Sugar(ed), Singapore's only specialist in sugaring. They cater to men and women, and is looking to launch a manzilian treatment sometime this month. It will go at \$90 (a mud wrap is included for first-timers) and \$80 for subsequent visits. Good luck.

Sugar(ed) is at 733 Bukit Timah Road, Second Avenue Junction, 02-02, tel. 6816 6288 or 9122 9366 (WhatsApp only)

